

KURSPLAN - FREUDENSPRUNG IM TANZHAUS

* Wir bereiten uns auf eine Prüfung vor.

| MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG | SAMSTAG |
|--------|----------|----------|------------|---------|---------|
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SAAL 1

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|--|------------------|--|---|---|--|---|--------------------|---|-----------------|
| 09.00 – 10.15 <i>Ballett M</i> | E2-TM | | 10.00 – 11.00 <i>Ballett A</i> | E4-TM | 09.00 – 10.15 <i>Ballett M</i> | E9-TM | | 09.30 – 10.30 <i>Dance Conditioning ab 14</i> | E21-N.N. |
| 10.15 – 11.15 <i>Ballett A</i> | E12-TM | | 11.00 – 12.00 <i>Tänzer. Gymnastik Senior</i> | E1-TM | 10.15 – 11.15 <i>Ballett A</i> | E7-TM | | | |
| 15.00 – 16.00 <i>Grade 1</i> | K4-SG ab 7 | 15.00 – 16.00 <i>Grade 3</i> | K10-SG ab 13 | 15.00 – 16.00 <i>Primary (ab 28.5.)</i> | K9-EH ab 6 | 15.00 – 16.00 <i>Grade 1</i> | K12-SG ab 6/7 | | |
| 16.00 – 17.00 <i>Grade 2</i> | K23-SG ab 8/9 | 16.00 – 17.00 <i>Grade 2</i> | K11-SG ab 10 | 16.00 – 17.30 <i>Grade 5</i> | K5-SH ab 14/15 | 16.00 – 17.15 <i>Grade 4</i> | K20-SH ab 13/14 | 15.30 – 16.30 <i>Spitze A_Grade 4</i> | K19-SH |
| | | 17.00 – 18.00 <i>Grade 5_Spitze A</i> | K30-SH | 17.30 – 18.30 <i>Tanztheater</i> | K26-OB ab 12 | 17.15 – 18:45 <i>Intermediate</i> | K14-SH | 16:30 – 18:00 <i>Grade 6</i> | K17-SH ab 15 |
| 18:00 – 19:00 <i>Hip Hop</i> | HH-MR ab 12 | 18:00 – 19:30 <i>Grade 6_Spitze</i> | K3-SH | 18:30 – 19:45 <i>Contemporary M</i> | K7-OB | 18:45 – 20:15 <i>Grade 8</i> | E20-SH | 18:00 – 19:30 <i>Advanced 2</i> | E11-SH |
| 19:00 – 20:00 <i>Advanced_Spitze</i> | E22-SH | 19:30 – 21:00 <i>Contemporary Ballet</i> | E5-OB | 19:45 – 21:15 <i>Ballett F</i> | E6-SH | 20:15 – 21:15 <i>Musical & More</i> | E10-MR | 19:45 – 21:15 <i>Ballett M</i> | E8-PF |
| 20:00 – 21:30 <i>Ballett M</i> | E13-US | | | | | | | | |

SAAL 2

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|--|-----------------|---|-----------------|--|--|--|-------------------|--|
| 15.30 – 16.30 <i>Primary (bis 14.5.)</i> | K9-EH ab 6 | 16:00 – 16:45 <i>TF</i> | K13-OB ab 6 | | | 15:30 – 16:30 <i>Grade 2</i> | K28-HK ab 9 | |
| | | 17:00 – 18:00 <i>Contemporary A</i> | K24-OB ab 14 | | | 16:30 – 17:30 <i>Grade 1</i> | K21-SG ab 7/8 | |
| 17:00 – 18:30 <i>Grade 3</i> | K27-SH ab 12 | 18:00 – 19:00 <i>Ballett AmV</i> | E1-OB | | | 17:30 – 18:30 <i>Grade 2</i> | K25-SG ab 9/10 | |

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SAAL 3

| MONTAG | DIENSTAG | MITTWOCH | DONNERSTAG | FREITAG | | | |
|--------------------------------|----------------------------|--|------------|--|------------------------|----------------------------|-------------------------|
| | 16:00 – 16:45 <i>TF</i> | K6-SH <i>ab 4</i> | | 15:45 – 16:45 <i>Primary</i> | K1-EH <i>ab 5/6</i> | | |
| | | 17:30 – 18:30 <i>2.Stunde_Grade 2</i> | K18-SH | 16:00 – 16:45 <i>Pre-Primary</i> | K29-SG <i>ab 5</i> | 16:45 – 17:30 <i>TF</i> | K2-HK/EH <i>ab 4</i> |
| 18:30 – 19:45 <i>Step F</i> | E3-CS | 19:00 – 20:00 <i>Step A</i> | E15-SHe | 17:45 – 19:00 <i>Yoga (Anusara)</i> | E17-CS | | |

TF: Tänzerische Früherziehung - A: Anfänger*innen - AmV: Anfänger*innen mit Vorkenntnissen - M: Mittelstufe - F: Fortgeschrittene

Informationen und Vereinbarung von Probestunden (evtl. Warteliste):

info@ballettschule-freudensprung.de

Dozent*innen: SH: Sally Hanke; SG: Susanne Grebe; TM: Thorsten Müller; US: Ulli Schmitz; CG: Coco Giesen; PF: Paloma Figueroa
 OB: Olga Blank; MR: Marga Render; EH: Emily Hanke; HK: Hannah Kröger; CS: Claudia Schmitte; SH: Sandra Herff; SN: Sarah Nahrstedt